

## STARTERS

**TURKEY CHILI** 11 <sup>\*</sup>award winning  
cheddar, sour cream, scallions, oyster crackers

**ROASTED POBLANO SOUP** 10  
sour cream, cilantro, croutons (a bit spicy)

**WINGS** 14  
**Ginger-Soy** cucumber wasabi dressing  
**Buffalo** blue cheese dressing  
**Bourbon BBQ** (fried & grilled) ranch dressing  
**Sweet Chili** guajillo ranch dressing

**CHEESE CURDS** 13  
guajillo ranch dressing

**HUMMUS** 14  
roasted cauliflower, garbanzo beans, vegetables & pita

**NEW ORLEANS SHRIMP** 17  
sautéed shrimp, andouille sausage, creole sauce, red bell pepper, grilled crostini

**POKE** 17  
**Tuna** sweet soy, avocado, cucumber, seaweed salad, sesame, wontons  
**Salmon** sweet soy, pineapple, mango, jalapeno, seaweed salad, sesame, wontons

**WARM PRETZELS** 14  
beer cheese, scallions

## SALADS *Add To Any Salad: Bacon +3 | Grilled Chicken +6 | Sautéed Shrimp +8 | Grilled Salmon +10 | Tuna or Salmon Poke +10 | Grilled Skirt Steak +12*

**GARAGE** 15  
romaine, capicola, salami croutons, olives, parmesan, havarti, tomatoes, cherry peppers, red peppers, red onion, red wine vinaigrette

**CAESAR** 14  
romaine, shaved parmesan, cherry tomatoes, herb croutons, caesar dressing

**ASIAN** 14  
mixed greens & cabbage, carrots, green onions, edamame, cilantro, wonton crisps, sesame seeds, creamy ginger dressing

**SPINACH** 14  
bacon, red onion, feta, dried cranberries, toasted pumpkin seeds, poblano vinaigrette

**SOUTHWEST** 14  
romaine, cabbage, tomatoes, red onion, avocado, roasted corn, black beans, cheddar, tortilla strips, guajillo ranch

**MIXED GREENS** 12  
tomato, red onion, cucumber, red wine vinaigrette

## SANDWICHES *Served With Fries, Mixed Greens or Fred's Slaw*

**GRIDDLE BURGER** 17  
double patty, American cheese, lettuce, tomato, onion, pickle, remoulade, brioche bun  
 \* substitute impossible plant-based single patty +1

**SHRIMP CAESAR WRAP** 17  
grilled shrimp, romaine, tomato, avocado, shaved parmesan, caesar dressing, spinach tortilla

**CHICKEN SALAD SAMMY** 16  
apricots, currants, celery, red pepper, mayonnaise, cheddar, lettuce, tomato, multi-grain bread

### FRED'S CHEESE STEAKS side of giardiniera, fries

**RIBEYE** 18 - seared ribeye, american & cheddar, lettuce, tomato, onion, mayonnaise, garlic oil, hoagie roll

**CHICKEN** 17 - seared chicken breast, swiss, roasted peppers, mushrooms & onions, lettuce, mayonnaise, garlic oil, hoagie roll

**PORK** 17 - seared pork shoulder, provolone, wilted spinach, red onions, mayonnaise, garlic oil, hoagie roll

**SINGLE DECK CLUB** 17  
oven roasted turkey, bacon, lettuce, tomato, avocado spread, sriracha aioli, multi-grain bread

**MEDITERRANEAN CHICKEN PITA** 16  
feta, hummus, arugula, roasted red peppers, cucumbers, kalamata olives, side of tzatziki

**SALMON BURGER** 16  
housemade atlantic salmon patty, bacon, lettuce, tomato, onion, grain mustard aioli, brioche bun

**HOT CHICKEN SANDWICH** 17  
herb breaded chicken, hot sauce, Fred's slaw, pickles, brioche bun

## MAINS

**GRILLED SALMON** 32  
tomato, red onions, avocado & cilantro salad, grilled corn, salsa verde

**CHICKEN PARMESAN** 22  
herb breaded chicken, bucatini pasta, marinara, mozzarella, parmesan, garlic bread

**CAJUN PASTA** 24  
sautéed shrimp, andouille sausage, creole sauce, red bell pepper, scallions, red pepper flakes, pasta, grilled crostini

**SKIRT STEAK** 42  
grilled, chimichurri, sautéed mushrooms & onions, fries

**CHIPOTLE CHICKEN TACOS (3)** 17  
flour tortillas, lettuce, tomato, onion, cheese, cilantro, side mixed greens salad

**TEQUILA SHRIMP TACOS (3)** 18  
flour tortillas, avocado, cabbage mix, side mixed greens salad

**AL PASTOR PORK TACOS (3)** 17  
corn tortillas, pineapple-mango pico de gallo, cilantro, side mixed greens salad

**CHICKEN PAILLARD** 22  
pounded & sautéed chicken breasts, cucumber, roasted red peppers, feta, kalamata olive salad, roasted potatoes, grilled lemon

## SIDES

**ELOTES** 9  
parmesan

**FRENCH FRIES** 8  
ketchup & quajillo ranch

**HERB ROASTED POTATOES** 9  
parmesan

**ROASTED BRUSSELS SPROUTS** 9  
balsamic glaze

**FRED'S SLAW** 7

## DESSERTS

**CHOCOLATE BROWNIE** 9  
chocolate sauce, carol's chocolate chip cookie, vanilla ice cream

**SUGAR COOKIE BOWL** 9  
carol's sugar cookie, vanilla ice cream, caramel sauce

**ABITA ROOT BEER FLOAT** 7  
whipped cream, vanilla ice cream

**ORANGE SODA FLOAT** 7  
whipped cream, vanilla ice cream

**ICE CREAM** 6  
two scoops

## QUARTS TO GO

**TURKEY CHILI (COLD)** 24

**ROASTED POBLANO SOUP** 22

**CHICKEN SALAD** 24

**FRED'S SLAW** 13